

# 34th Annual Val Fowler Elite Girls' Basketball Tournament



Tournament Information  
Letter 2  
June 2026

# History of Tournament



An organised school basketball structure for girls, in South Africa, has its roots in Pietermaritzburg. Basketball was developed as a school sport in the late 1970s and most of the top local schools were actively involved in the age-group leagues. Similar leagues were springing up around the country. In 1981, the first Inter-Provincial Tournament was hosted in Pietermaritzburg. It attracted teams from a number of provinces, and the standard of play was remarkable for such a new sport.

In 1992 the first Pietermaritzburg Girls' High School Invitational Tournament was launched. For the first few years only teams from KwaZulu-Natal entered, but it was not long before it became a most sought-after tournament, attracting top teams from schools across the country, and Zimbabwe. In order to accommodate the best teams, but also cater for development in the sport, the tournament has an A-section and a B- section.

Pietermaritzburg Girls' High School 1st Team has been the champion team 25 out of the 33 years it has been staged. Other stalwarts that have excelled over the years include: Pretoria High School for Girls and Lereko Secondary School (FS). In 2015, the tournament was named, 'The Val Fowler Basketball Tournament' in recognition of Val's role in the establishment of schoolgirls' basketball and the staging of this premier annual tournament, as well as her achievements in coaching many winning teams, in a lifetime of coaching.



# VAL FOWLER TOURNAMENT

EST

1992



# PLAY FOR HER



# General Info - U19

## PARTICIPANTS

A total number of 32 u19 teams will participate.  
16 A Section teams & 16 B Section teams.

## ELIGIBILITY

All players must be students at the school and must have been born in or before 2007 making them 19 years old or younger at the tournament.

The team registration forms must be sent by no later than **6 July 2026.**

Failure to adhere to the above will result to disqualification and your school **will not** be invited to return to the Val Fowler Tournament.

This is a separate document that has to be emailed back by 6 July 2026.

## TEAM PHOTO

Will be taken at the tournament.

## NUMBER OF PLAYERS IN A TEAM

Teams will be allowed to **ENTER a maximum of 12 players** for the entire tournament.  
**\*\*\*No exception to this rule\*\*\***

## ENTRY FEE

Tournament fee is **R6500** per tem

To secure your spot, a non-refundable deposit of **R2500** is required by **8 May 2026**

Final payment of **R4000** is due by no later than **6 July 2026**

**NB. The Tournament is a non-profit tournament and fees paid covers all aspects of the tournament**

## TRANSPORT

Please note that teams are responsible for their own transport arrangements and our school may not transport any teams around.

Should you require to hire transport, you can contact our normal service provider, Kalamazoo.

 033 387 2411

 privatehire@kalamazoogroup.co.za





# General Info - U16

## PARTICIPANTS

A total number of 8 U16 teams will participate.  
This will be in a round robin formation.

## ELIGIBILITY

All players must be students at the school and must have been born in or before 2010 making them 16 years old or younger at the tournament.

The team registration forms must be sent by no later than **6 July 2026.**

Failure to adhere to the above will result to disqualification and your school **will not** be invited to return to the Val Fowler Tournament.

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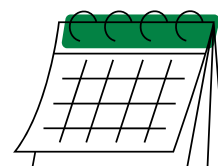
 privatehire@kalamazoogroup.co.za



# Programme of Events



6-9 August 2026



**PMB Girls' High**  
41 Topham Road  
&  
**St John's DSG**  
Harwin Road

Matches start at **12pm**  
Matches finish at **8pm**

*6 August*

Matches start at **8am**

Matches finish at **6pm**

Supper: **Build a Burger for all teams**

*7 August*

Matches start at **8am**

Matches finish at **8pm**

*8 August*

Matches start at **8am**

Matches finish at **3pm**

Closing ceremony directly after last match

*9 August*

An exciting time to kick-off basketball passion & performance...



# POOLS A Section



<b>POOL A</b>	<b>TEAM</b>
	PMB GHS
	Pretoria High School for Girls
	Durban Girls' High School
	Dominican Convent High School, Zimbabwe
<b>POOL B</b>	<b>TEAM</b>
	St Anne's Diocesan College
	Howick High School
	St Peters College
	The Heritage School, Zimbabwe
<b>POOL C</b>	<b>TEAM</b>
	St Mary's School, Waverley
	Epworth High School
	Sacred Heart
	Meridian Karino
<b>POOL D</b>	<b>TEAM</b>
	Holy Rosary School
	The Wykeham Collegiate
	St Stithians Girls College
	St John's DSG





# POOLS B Section

<b>POOL A</b>	<b>TEAM</b>
	Ethan College
	The Glen High School
	St. Mary's DSG, Pretoria
	Hermansberg
<b>POOL B</b>	<b>TEAM</b>
	Danville Park Girls' High
	Carter High School
	Wise Owl School, Zimbabwe
	Thomas More College
<b>POOL C</b>	<b>TEAM</b>
	Northlands Girls' High
	Wartburg Kirchdorf
	St Mary's DSG, Kloof
	ATS Select
<b>POOL D</b>	<b>TEAM</b>
	Westville Girls' High
	Alexandra High
	LIV Village
	Lereko 1





# U16 SECTION

1	Pietermaritzburg Girls' High School
2	Meridian Karino
3	Epworth High School
4	St Anne's Diocesan College
5	THE HERITAGE SCHOOL ZIMBABWE
6	Thomas More College
7	MARITZBURG CHRISTIAN SCHOOL
8	St John's DSG
9	The Wykeham Collegiate





# Tournament Rules & Regulations

1. There will not be a managers meeting - Teams are required to register at their playing venue one hour before their first match. Once registration has been completed, no changes may be made to the team sheet.

## Requirements at Registration

- Team lists must be signed off.
- Social Media Declaration Forms must be submitted.

2. Please be at your playing venue at least 30 minutes before the start of your game to ensure that all games run on time.

## 2. Arrival at Venue

Teams must be at their playing venue at least 30 minutes before the scheduled start of their match to ensure the tournament runs on time.

## 3. Venue & Parking Information

### 3.1 Pietermaritzburg Girls' High School (GHS)

Teams and spectators must use the Topham Road entrance.

#### Parking Regulations

- Only vehicles with valid parking discs will receive free entry.
- A parking fee of R20 per vehicle applies for parking within the secure premises at GHS per day. R50 per vehicle for a weekend pass.

### 3.2 St John's DSG

Teams and spectators must use the Harwin Road entrance and enter via the Indoor Centre.

Please note:

- Parking at St John's DSG is outside the property only.
- Vehicles will not be permitted onto the property unless authorised.
- Parking is at your own risk

#### Parking Regulations

- Access will not be permitted through any other entrances.
- Parking is at your own risk.

No person may go beyond the Indoor Centres into the school grounds at either venue.

## . Technical Table Reporting

The coach or manager must report to the technical table 30 minutes before the game.

## 5. Warm-Up Procedures

Teams must warm up on:

- the middle court, or
- designated warm-up areas adjacent to the playing venues.

Teams must be ready to start matches on time.



# Tournament Rules & Regulations



## 4. Match Regulations

All standard FIBA rules apply unless superseded by the tournament rules.

Should a team fail to be ready to play within 15 minutes of the scheduled fixture time, the match will be forfeited and recorded as a 20–0 loss to the defaulting team.

Teams are requested to take travelling time into consideration to ensure punctual arrival.

## 7. Match Format

Matches will consist of:

- Four quarters of 7 minutes running time
- The final 2 minutes of the 4th quarter will be stop-start time

Intervals:

- 1-minute time-outs
- 1-minute quarter intervals
- 3-minute half-time

Please note:

- Scheduled start times will be strictly adhered to.
- No time-outs may be called during the final 2 minutes of the last quarter of the match.

## 8. Overtime

- In the event of a draw at the end of regulation time:
- A 3-minute running-time overtime period will be played.
- If scores remain level, the game will proceed to sudden death.

## 9. Pool Points & Rankings

Points Allocation

- Win = 2 points
- Loss = 1 point
- Forfeit = 0 points

Tie-Break Procedure

If teams are level on points after pool matches, rankings will be determined by:

- Result between tied teams
- Goal difference
- Goals scored

## 10. Protests

The Head Coach has 10 minutes after the completion of a match to lodge a protest.

Protest Requirements

- A R1000 cash fee must accompany the protest.
- The protest must be submitted in writing by the team representative.

Protests will be reviewed by the Head Technical Officials from each venue.

If the protest is upheld, the full R1000 fee will be refunded.



# Tournament Rules & Regulations

## 11. Team Benches

- Teams listed first on the programme will sit on the left bench.
- Teams listed second will sit on the right bench.

## 12. Playing Kit

Teams listed first on the programme must wear:

- light-coloured kit, or
- bibs in the event of a colour clash.

## 13. Discipline & Conduct

Poor behaviour by players, coaches, or officials towards referees will not be tolerated.

Any player or coach receiving three technical fouls during the tournament will receive a one-game suspension.

## 14. Forfeits

Two forfeited matches will result in:

- automatic disqualification from the 2026 tournament, and
- exclusion from the 2027 tournament.

## 15. Medical & First Aid

Each team must provide:

- their own First Aid Kit, and
- strapping supplies.

Paramedics will be available at each venue for serious injuries.

Team management will be responsible for transporting players to hospital if necessary.

Please refer to the Tournament Booklet for emergency contact details.

## 16. Spectator Regulations

### 16.1 Scholar Spectators

All scholar spectators must:

- be in full school uniform, and
- be accompanied by an adult.

### 16.2 Adult Spectators

Adult spectators will be admitted at the discretion of venue security.

### 16.3 Bags

No bags may be brought onto the property.

### 16.4 Venue Access

- GHS spectators must use the Topham Road entrance.
- St John's DSG spectators must use the Harwin Road entrance.



# Tournament Rules & Regulations

## Spectator Hours

- Thursday: 12:00 – 18:00
- Friday: 08:00 – 18:00
- Saturday: 08:00 – 18:00
- Sunday: 08:00 - 15:00

## 16.5 Restricted Areas

Spectators may not wander around school properties beyond:

- the playing venues, and
- the Food Fair area at GHS.

Any person found outside authorised areas may be asked to leave the property.

## 17. Logs & Play-Off Fixtures

Team officials are responsible for checking logs to confirm play-off fixtures before leaving the venue.

Incorrect results must immediately be reported to:

- Tournament Organisers, and
- Head Technical Officials.

Log standings will also be shared on the Tournament WhatsApp group.

## 18. Player Eligibility

### 18.1 All players: U19 Age Group

- must be officially registered at their respective school,
- must play in the correct numbered shirt, and
- must be turning 19 or less in 2026.

Age verification may be requested.

Each team manager must keep certified copies of each player's:

- ID document,
- Passport, or
- Birth certificate,

including the school stamp and principal's signature. (To be handed in at registration)

### 18.2 All players: U16 Age Group

- must be officially registered at their respective school,
- must play in the correct numbered shirt, and
- must be turning 16 or less in 2026.

Age verification may be requested.

Each team manager must keep certified copies of each player's:

- ID document,
- Passport, or
- Birth certificate,

including the school stamp and principal's signature. (To be handed in at registration)

# Tournament Rules & Regulations



## 19. Tournament Awards

### All-Star Team

A selection panel will appoint the All-Star Team.

Awards include:

- All-Star Team (Top 5 voted players)
- MVP Award (highest nominations overall)
- Finals MVP Award

## 20. Promotion & Relegation Rules

### A Division

- The team finishing 16th in the A Division will be relegated to the B Division in 2027.

### B Division

- The team finishing 1st in the B Division will be promoted to the A Division in 2027.

### Tournament Relegation

- The team finishing 32nd overall will be relegated from the tournament in 2027.

This rule excludes Pietermaritzburg (KZN) schools. Should a Pietermaritzburg school finish last, the lowest-ranked non-Pietermaritzburg school will be relegated instead.

### Final Note

This is a schools' tournament, and good sportsmanship is expected at all times.

Unsportsmanlike behaviour by players, team officials, or supporters will not be tolerated.

# Meals Provided by GHS



***Food Vendors will be located at PMB  
Girls' High  
on 6 - 9 August***

## **7 August**

***Build-A-Burger meal*** for all participants at 6pm at GHS.

Teams are more than welcome to arrange other meals directly with our service provider (EThekwini Caterers).

Meal prices as follows:

- Breakfast – R52 per person
- Lunch – R55 per person
- Supper – R60 per person

**Please use this link below to make use of this service.**

**Link: <https://forms.gle/LZgZRXqJu6i15FFf9>**

Please note: It is imperative that your team lists are filled in correctly with correct dietary requirements to avoid any disappointment





# Accommodation

**It is the onus of the team to arrange their own accommodation.  
Please respect the property of your accommodation.**

## RECOMMENDATIONS

African Enterprise  
033 347 7048  
centre@ae.org.za

Aintree Lodge  
033 386 7956

Ascot Inn  
033 387 1324

Duvets & Crumpets  
033 394 4133  
duvetandcrumpets@lantic.net

Jean-Lee Bed and Breakfast  
033 346 0470  
infojeanlee.co.za

Lincoln Cottages  
072 218 6346/ 033 396 4576  
info@lincolncottages.co.za

Mountain View  
033 940 0155  
076 985 4303

Stay Easy  
033 897 6650  
sepietermaritzburg.reservations@tsgosun.com

Regal Inn  
033 345 0488

Road Lodge  
031 065 0999  
rlpmb.dm@clhg.com

Wensleydale Guest Lodge  
033 346 1302  
info@wensleydalelodge.co.za



# Medics and Emergencies

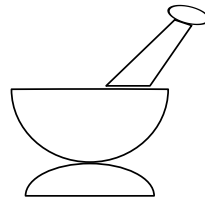


**Mediclinic Hospital**  
90 Payn Street  
033 845 3700  
2.3 km



**St Anne's Hospital**  
331 Burger Street  
033 897 5000  
3 km

**Msunduzi Daynite Pharmacy**  
273 Alexandra Road  
033 346 1067  
160m



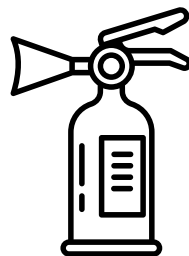
**Duzimed Pharmacy**  
352 Burger Street  
033 342 1200  
3.1 km

**SAPS Alexandra Road**  
101 Alexandra Road  
033 845 7703  
1 km



**SAPS Town Hill Police Station**  
5 Montgomery Drive  
033 845 7789  
7 km

**Pietermaritzburg Fire Station**  
324 Pietermaritz Street  
033 845 5900  
4 km



**Oribi Fire Station**  
120 Oribi Road  
033 392 3116  
2.2 km



# Points of Interest

## Liberty Midlands Mall

S: 29 34.965 E: 30 22.592

9.1 km

## Woodburn Square

15 Woodhouse Road

2 km

## Athlone Circle Mall

1 Montgomery Drive

7.1 km

## Brookside Mall

Gumtree Road and Willow Road

5 km

## Cascades Lifestyle Centre

23 McCarthy Drive

7.9 km

## Hayfields Mall

28 Blackburrow Road

3.3 km



# SuperSport Schools



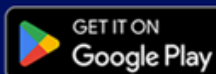
## DOWNLOAD THE FREE SUPERSPORT SCHOOLS APP

### HOW TO REGISTER

- ▶ VISIT OUR WEBSITE SUPERSPORTSCHOOLS.COM OR SCAN THE QR CODE
- ▶ DOWNLOAD THE APP FROM GOOGLE PLAY OR THE APP STORE.
- ▶ INSERT YOUR EMAIL ADDRESS & CREATE A PASSWORD.
- ▶ CONGRATULATIONS! YOU'RE OFFICIALLY REGISTERED



SCAN ME





**PROTECTION OF PERSONAL INFORMATION ACT 4 OF 2013 (“POPIA”) –  
CONSENT BY ALL PARENTS AND/OR LEARNERS PARTICIPATING ON THE SCHOOL  
PREMISES OF PIETERMARITZBURG GIRLS’ HIGH SCHOOL**

The Governing Body of Pietermaritzburg Girls’ High School and Pietermaritzburg Girls’ High School (“the School”) has concluded an agreement with Supersport Schools (Pty) Ltd. (“Supersport”) to install Pixellot (audio-visual) Automated Equipment (“the equipment”) on the School’s premises. The following is brought to your attention:

1. the equipment will enable the automated recording of all matches, practices and/or events hosted on certain sports fields, the swimming pool, the school hall and/or other designated areas, with or without specific demarcation;
2. the equipment is capable of delivering streamed audio-visual content to any third-party device via a signal, the internet and/or a mobile connection;
3. any audio-visual contents captured by the equipment may be broadcast to any third-party viewer within or outside the borders of the Republic of South Africa using any available means, but on the understanding that Supersport will not broadcast any audio-visual contents created by the equipment to any country or nation that does not have their own privacy and data protection legislation that is not inconsistent with POPIA. Supersport and/or its affiliates have undertaken not to provide any broadcasting service or feed to any country or nation that does not have data protection laws;
4. The feed created by the equipment will include any broadcast or live stream feed or delayed feed comprised of footage and/or coverage of an event hosted on the School’s premises and or other events produced for, by, or on behalf of the School and made available on the apps created for this purpose and/or any of the Supersport platforms, including social media platforms;
5. The contents that may form part of any feed includes, but it not limited to, any audio-visual school content and footage of sporting events, clips, arts and cultural events, social events and functions, interviews, news, award ceremonies and special events and programming hosted at the School with the consent of the School and selected by the School at their discretion for transmission and recording purposes, produced and recorded by the equipment or other means including by a production crew of Supersport;
6. The contents of any feed may be made available or streamed on any social media platform, including, but not limited to, Facebook, Twitter, Tik Tok, Instagram or YouTube and/or any other social media platforms, service or application operated by the School, Supersport or any of its affiliates;
7. The School may also create its own contents and/or feed, using the equipment, and may broadcast and/or make available on any social media platform or app, contents which it, in its sole discretion, decides to broadcast and/or make available, which may include, but which is not limited to:

**PIETERMARITZBURG GIRLS' HIGH SCHOOL**

Tel 033 386 9271 • Fax 033 386 9273 • admin@ghspmb.co.za • www.ghspmb.co.za

186 Alexandra Road, Scottsville, Pietermaritzburg, 3201 • Private Bag X5, Scottsville, 3201

- a. "live" or "near-live" clips and highlights of any event;
- b. delayed clips and highlights;
- c. advertising and promotional content in any and all media within and outside of the Republic of South Africa; and
- d. insert and/or post any hyperlink onto any School platform including its website and/or app to enable alumni to access any event, whether "live" or delayed.

Wherefore I, the undersigned, hereby agree and acknowledge that:

- a) I have been made aware of the fact that the School has concluded the aforementioned agreement with Supersport and its affiliates and that the equipment will be installed on the School's premises;
- b) any audio-visual footage and/or video and/or image and/or sound captured of me and/or my child by the equipment may be utilised by the School and/or Supersport and/or its affiliates as operator(s) for any purpose, including commercial purposes;
- c) I hereby consent to the collection, processing and further processing of my and/or my child's personal information and to the entering of my and/or my child's personal information into any record held by the School and/or Supersport and/or its affiliates as operator(s);
- d) I consent to the indefinite retention of my and/or my child's personal information and/or record by the School, Supersport and/or any of its affiliates as operator(s);
- e) I and/or my child may not participate in any sporting, cultural and/or other event in respect of which the equipment will be utilised to stream, broadcast and/or record such event, if this consent is not signed and returned to the School prior to the sporting, cultural and/or other event;
- f) in addition to the specific consent given hereby relating to the use of the equipment, I consent on behalf of both myself and my child to the collection, processing and further processing by the School and/or its media representatives of our personal information and to the recording thereof on any social media platforms, in the press, and in the School marketing material; and
- g) this consent will apply from date of signature hereof for an indefinite period and until such time as I withdraw the consent given in terms hereof by given written notice to the principal of the School.

## PIETERMARITZBURG GIRLS' HIGH SCHOOL

Tel 033 386 9271 • Fax 033 386 9273 • admin@ghspmb.co.za • www.ghspmb.co.za  
186 Alexandra Road, Scottsville, Pietermaritzburg, 3201 • Private Bag X5, Scottsville, 3201



# Sponsors

## We welcome all levels of sponsorship!

The event enjoys extensive media coverage, with matches live-streamed on SuperSport Schools, broadcast on DStv Channel 216 (SuperSport), and replayed across SuperSport platforms. Platinum Sponsors benefit from premium visibility, with their logos displayed on the electronic scoreboard during live TV coverage, ensuring unmatched brand exposure.

We proudly invite companies and organisations to partner with us in this prestigious event. Sponsorship opportunities include monetary contributions, product support, or prize sponsorships, each offering significant advertising exposure across multiple platforms:

- D6 Communicator (reaching approximately 2,400 parents)
- Instagram (9,000+ followers) and Facebook (27,500+ followers).
- Displays in our dedicated Sponsor Walkway and the official tournament programme.
- Advertising space within the Sylvia Vietzen Community Centre and surrounding structures.
- Opportunities for visibility on the SuperSport Schools App, with the entire tournament live-streamed.
- Branded banners displayed at all tournament venues, including top-class indoor centres.

Download the full Sponsorship Proposal document here <https://ghspmb.co.za/wp-content/uploads/2026/05/General-Sponsorship-Val-Fowler-2026.pdf>



We look forward to hosting  
the 34<sup>th</sup> Val Fowler Elite  
Basketball Tournament  
in 2026!



[sport@ghspmb.co.za](mailto:sport@ghspmb.co.za)  
[marketing@ghspmb.co.za](mailto:marketing@ghspmb.co.za)



@GHSPMB



Pietermaritzburg Girls' High School